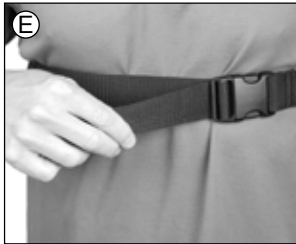
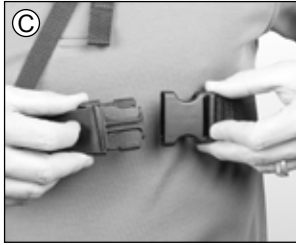


SAX PRACTICE HARNESS™

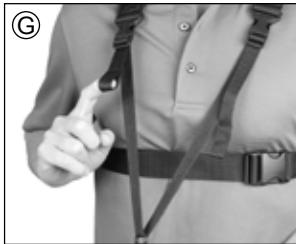
1. Begin by bending the top half of the shoulder pads to the general shape of your shoulder. Many people find that bending the shoulder pad around their leg gives a good result (A). Once you have the general shape (B), it can be fine tuned later with the help of a friend for any final adjustments.



2. With the harness hanging from your shoulders, fasten the belt portion with the quick disconnect (C) and position it so that it sits at the base of your sternum. (D) The length of the belt portion is fully adjustable by taking up the slack through the quick disconnect buckle (E) and securing with the triglide (F). If there is too much webbing left over, it can be carefully trimmed with sharp scissors and the end seared with a match or lighter to prevent fraying. You will want the belt to be snug, but not too restrictive for your breathing.



3. To adjust the length of the neck strap, simply grasp the webbing tab at the shoulder position quick disconnect and pull it downward (G). This adjustment can be made on both sides. This allows for an extremely wide range of possible adjustments. To lengthen the strap, simply lift the ladder-lock connector at the shoulder position (H) and gently pull the hook downward again.



4. Unlike most other harnesses, SAX PRACTICE HARNESS™ allows full upward and side-to-side movement (J).



5. If a different style of hook is desired the SAX PRACTICE HARNESS™ is fully compatible with Neotech's Neo-Hook™ system (K) (sold separately).



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